



# Fall Free Friday

*Home Fall Risk and Prevention*

**10/11/2024**

**10:00 am**

**AAA7 FB  
LIVE**

***Everyone's home has at least 1 fall risk, a loose cord, misplaced items, loose rugs... these things are all hazards!***

***Falls happen all around the house, and minor falls can be a big deal!***

***Occupational therapy plays a big role in reducing the chance a fall occurs by helping to redesign the home and make the floor and walkways in a home safer.***

***There are many affordable items on Amazon that can take you the extra mile in keeping your house fall free!***

***Let's learn how to minimize fall risk (while keeping our homes looking the way we like!)***